

Healthier habits—and a community of support



WW MEMBER
GABI B.
-43 LB[^]

WW MEMBER
KEENAN S.
-127 LB[^]

[^]People following the WW program can expect to lose 1–2 lb./wk.

We've partnered with WeightWatchers® to offer you a special **membership discount.**

/ Nutrition made simple

Get an eating plan tailored to *your* body, meal-planning tools, and thousands of recipes.

/ An award-winning app

Tap into innovative trackers, coaching sessions, meditations, and more.

/ 24/7 community

Join a support squad of expert WW coaches and members ready to share stories and cheer you on. Connect through the WW app and virtual or in-person Workshops.

/ The benefits of experience

Learn what works with a program based on 60 years of experience—and the latest research on nutrition and behavior change.

Join WeightWatchers today for as low as **\$9.00 per month!**

Learn more at [WW.com/EHAWellness](https://www.com/EHAWellness)

WW Plan	Retail Price	Member/Spouse/Retiree (carrying EHA BCBS medical)	Employee Discount (not carrying EHA BCBS)
Core	\$23	\$9/mo.	\$19.50/mo.
Premium	\$45	\$29.74/ mo.	\$38.22/mo.

Members, Spouses & Retirees on the medical plan, please email contact@ehawellness.org for verification first, and to be added as eligible for the subsidy. You must do this before you can enroll.



 **SCAN ME**

Already a WeightWatchers member?

Sync your current account, or call WeightWatchers customer service at 866-204-2885.

*Pricing reflects the cost for WW's Core membership plan through your organization. Monthly payment required in advance. You'll be automatically charged each month in accordance with company pricing until you cancel. Pricing may adjust to the standard monthly rate if your relationship with your organization changes or terminates, or the agreement between your organization and WW terminates.