



Norfolk Public Schools

Triennial assessment results 2026

Meet our team

[Click this link to see Wellness Committee Members](#)

Policy compliance results

Check out this file to see results of our Model Policy Comparison Results.

[Norfolk Public Schools, Step 1 Model Wellness Policy Comparis...](#)

Here is our [WellSat Comparison Score](#)

Wellness policy goals

1. Goal 1: Nutrition - Our committee will send out positive messages to parents at least one time each semester with information on healthy snacks for kids and a list of healthy snacks acceptable within the school setting.
2. Goal 2: Our committee will send out positive messages to parents and staff at least one time each semester with information on healthy fitness ideas for kids and a list of ways to encourage fitness at home and in the classroom. Physical activity
3. Goal 3: Our committee will provide wellness challenges to all district staff providing incentives for completion to promote overall staff wellness each year.

Click below to see our Wellness Goals and the progress we have made.

[Norfolk Public, Step 2 Progress Toward LWP Goals/Compliance with LWP Template \(F...](#)

Key achievements

1. Parents in our district were challenged to provide healthy school snacks that meet Smart Snack Guidelines for students and our staff were challenged to do the same.

2. During school breaks each semester parents were provided with fun fitness challenges for their children to do at home.
3. Our Wellness team secured a grant which provided fun opportunities for our district. Our Staff participated in various Wellness challenges throughout the year that focused on improving mental, emotional, and physical health as well as provided team building and social connections.

Next Steps

Our Wellness Committee and administrators have reviewed our current policy and provided suggested additions to our current policy for review. We intend to continue with our goal to improve staff wellness through offering a wide range of activities that will promote overall wellness. Additionally, our Wellness Committee will focus our efforts to promote healthy snacks and rewards for students within our district.